Criterion A: Comprehending spoken and visual text

Instructions:

- Look at visual text A and B.
- Answer the following questions in the space provided. Use your own word as much as possible.
- Answer the questions in English or Chinese.
- You are not allowed to use dictionaries or translators.
- You are not allowed to talk to your classmates or ask them questions.

Strands

- i. show understanding of messages, main ideas and supporting ideas
- ii. recognize basic conventions
- iii. engage with the spoken and visual text by identifying ideas, opinions and attitudes and by making a personal response to the text

Visual text A

Source: https://www.youtube.com/watch?v=pPwZUL6Dd3Q

Note:

United Medical Resources (UMR), headquartered in Cincinnati, Ohio, was acquired by United Health care in December 2005.

Visual text B

Source: https://www.youtube.com/watch?v=ZB5jbdgUsSw

Note:

Great Raleigh area: capital of the state of North Carolina; located in the east central part of the North Carolina in America

Questions:

1. Based on **visual text A**, how many ways can exercising outdoors benefit your mind and body? What are they? Strand i 3 points



- 2. Based on **visual text A**, what does regular physical activity help you with? Strand i 2 points
- 3. What outdoor activities can you see **in visual text B**? Please list **at least four** activities. Strand i 2 points
- 4. What type of visual is **visual text A**? Explain with examples from the text. Strand ii 2 points

5. Does **visual text B** make you want to exercise outdoors? Why or why not? Strand ii 2 points

6. What is the purpose of **visual text A?** What is the purpose of **visual text B?** Please use examples from each text. Strand ii 4 points

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7. Who would be the target audience of **visual text A and B**? Explain with examples from the texts. Strand ii 2 points

8. What are the differences between indoor and outdoor activities? Which one would you prefer? Why? Strand iii 4 points

9. Outdoor activities are an essential part of growing up. After watching two videos, what activity would like to try? Why? Strand iii 3 points